## Cynthia Brian's Mid-Month Reminders

**PRUNE** roses, berries and crape myrtles this month. Buy bare-root roses locally or to order the David Austin English roses, go to http://www.DavidAustinRoses.com. Use promo code UHA for 20 percent off your order through Feb. 19.

**TREES** cleanse the air, filter water, clean the air, provide shade and habitat for wildlife. Learn more about the benefits of trees at http://www.AmericanForests.org.

**SUBSTITUTE** eggplant for any meat dish. Burpee has developed a new flavorful eggplant called "Meatball" with a density and texture that makes it taste like a hamburger, eggplant steak cutlet, and can be used in any recipe calling for meat.

**ASHES** from your fireplace can be added to the compost pile when you clean your hearth. Make sure they are cold or pour water into the bucket before pouring into the bin.

**PLANT** arugula in a pot for winter salads. Seeds grow quickly and the bitter leaves add zing to your dishes.

Welcome the rain and bring health and wellness into your home for the New Year because, baby, it's cold outside!

Happy Gardening and Happy Growing!



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I am available as a speaker, designer, and consultant.

www.StarStyleRadio.net



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